

For Immediate Release

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## **BCIA Congratulates Brenda K. Wiederhold, Brussels, Psychologist on Becoming a Fellow in Biofeedback**

Wheat Ridge, CO – The Biofeedback Certification International Alliance, formerly the Biofeedback Certification Institute of America (BCIA), is pleased to announce that Brenda K. Wiederhold is now also a Fellow in Biofeedback. Professor Wiederhold joins an elite group of professionals who have met the educational, clinical, ethical, and exam criteria required in order to become a certified provider of biofeedback services.

Professor Wiederhold of Brussels, Belgium and of San Diego, California, has a practice that uses virtual reality exposure therapy in combination with physiological monitoring and biofeedback to treat stress related disorders.

Board Certification demonstrates professionalism and adherence to carefully developed standards as a healthcare provider. BCIA's procedures follow the Department of Health & Human Services Guidelines. Healthcare professionals who achieve BCIA Certification demonstrate commitment to professionalism by completing basic degree and educational requirements, endorsing a rigorous code of professional conduct, learning to apply clinical biofeedback skills during mentorship, and passing a written examination.

The Biofeedback Certification International Alliance (BCIA) is the only institute recognized worldwide that grants certification to biofeedback practitioners. The Association for Applied Psychophysiology and Biofeedback (AAPB), the Biofeedback Foundation of Europe (BFE), and the International Society for Neurofeedback and Research (ISNR) all endorse BCIA certification. BCIA was established in 1981 to certify individuals who meet education and training standards in biofeedback and to progressively recertify those who advance their knowledge through continuing education. Currently, more than 1,600 healthcare professionals have achieved this certification in 25 countries.

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